



New Year's Resolution

By: Michelle Bouslog

EdTech teacher; M.A.Ed. in EdTech, Concordia University St. Paul, MN

Holiday
Grades K-2



Introduction

A resolution is a goal that people set and work to achieve. With the changing of years, many people set resolutions so they can start anew. In this lesson, students will be creating resolutions and describing how they will work to achieve them.

Learning Objectives

[W.2.1](#). Write opinion pieces in which they introduce the topic or book they are writing about, state an opinion, supply reasons that support the opinion, use linking words (e.g., because, and, also) to connect opinion and reasons, and provide a concluding statement or section.

Materials Needed

- Example New Year's resolution writing piece
- Paper and pencil

Procedure

1. Start by asking the students, "How many of you would like to be better at something?" Tell students that there are many things you would like to be better at (swimming, drawing, reading, etc.). Tell them that with New Year's coming up, this is a traditional time where people create resolutions. Resolutions are goals that people set and work to achieve.
2. Create a circle map on the board and ask volunteers what are some things they would like to be better at (tell students that that doesn't mean they are not already good at it, but that they'd want to work hard to be even better). Work for a variety of answers in all areas (sports, school, behavior, etc.).
3. Choose three ideas that the students brainstormed and model writing. Make sure the modeling is interactive and the students help you remember capitals, periods, proper spacing, etc. Tell students that with each resolution they choose, they need to write at least one way they will work to get better at it.
 - Example: One New Year's resolution I have is to get to the school bus on time. I will do this by packing my lunch and laying out my clothes the night before.
4. Send students to their desk. Tell them they can get started right away or create a circle map to brainstorm.

Continued on page 2



New Year's Resolution

By: Michelle Bouslog

EdTech teacher; M.A.Ed. in EdTech, Concordia University St. Paul, MN

Holiday
Grades K-2



Continued from page 1

Evaluation

New Year's Resolutions			
	Proficient 7 Points	Emerging 4 Points	Beginning 0 Points
Resolution Selection	Student choose 3 resolutions	Student chosen 2 resolutions	Student choose 1 resolution or did not participate
Identified way to reach their resolution	Student explained how they would reach their resolution with 1 or more idea.	Student explained how they would reach their resolution with 1 idea, but some reasoning or unclear thoughts.	Student did not explain how they would reach their resolution.
Proper Mechanics	Student used correct capitalization and punctuation with 1 or fewer errors.	Student used correct capitalization and punctuation with 2-3 errors.	Student did not use correct capitalization and punctuation and had 3+ errors.